# Health Sciences Curriculum Worksheet (2026-2027)

Health Promotion & Behavior Concentration

CLOSED MAJOR

This worksheet outlines the required courses for this major. Students are expected to be familiar with general education and major-specific requirements for their intended major as outlined in the Clemson Undergraduate Catalog. Additionally, students must satisfy any Tri-County prerequisites for the courses below. To complete Bridge program requirements (course listed in **BOLD**), students must earn 30 credits at Tri-County and a 2.5 GPA during their Bridge year (fall, spring, and optional summer, if needed). Students should consult the backside of this worksheet, the Undergraduate Catalog, and the Bridge Academic Guide for Clemson course equivalencies and alternative courses if students wish to enroll in other courses or if any of the following requirements have been met through dual enrollment or AP/IB credit. Advising worksheets are supplemental planning aids and are for informational purposes only.

**Note:** Admission to closed majors is highly competitive and cannot be guaranteed. Students should identify a parallel plan and work toward the degree program they would pursue if admission to the limited enrollment major is denied. Students are highly encouraged to declare this as their major before crossing the bridge to Clemson.

## SUGGESTED CORE COURSE SEQUENCE

### Fall Semester

**BIO 101** or BIO 113

**ENG 101 or ENG 103**

PSY 201

**MAT 103**[1], MAT 130, or MAT 140[2]

Arts & Hum. (Non-Lit.) Req.[3]

**Total Hours: 16 – 17**

**Advising Notes:**

### Spring Semester

**ENG 102** or Arts & Hum. (Lit.) Req.[4]

CHM 110[1] or CHM 106

SOC 101

MAT 120

SPC 200 or SPC 205

**Total Hours: 16**

**Advising Notes:**

### *Additional Course Options*

BIO 240 | CHM 111[2] | Elective Courses (15 hrs.)[5]

[1] Students with an MPL score lower than 35 should take MAT 102 before taking MAT 103 in preparation to meet the CHM 110 prerequisites for the Spring semester.

[2] Students should check professional school's requirements to ensure the class chosen is appropriate.

[3] See the reverse side of this worksheet for suggested courses to fulfill this requirement.

[4] If ENG 101 + 102 is taken for the English composition requirement, ENG 102 should be taken instead of the Arts & Hum. (Lit.) Req.

[5] Take up to 15 additional hours of courses listed in the Bridge Student Academic and Advising Guide that will transfer to Clemson. HIS 201 and PSC 201 strongly recommended as they satisfy the REACH requirement for graduation.

Any student with dual enrollment or AP/IB credit for the courses mentioned above should consult the Clemson Undergraduate Catalog & Bridge Student Academic and Advising Guide for additional coursework that fulfills major and Bridge program requirements.

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CLOSED MAJOR

Advising worksheets are supplemental planning aids. While every effort is made to ensure accuracy, the student's responsibility is to understand and meet degree requirements in the applicable Undergraduate Catalog. Contact Clemson advisor **Rylee Bowman** (rbowma3@clemson.edu) for additional information about this worksheet.

| General Education Requirements | Tri-County Courses | Clemson Equivalent Courses |
|---|---|---|
| **Communication (6 total credits):** *Developing and expressing ideas.* | | |
| A. English Composition: 3 – 6 credits | **ENG 103 or ENG 101** + **ENG 102** | ENGL 1030 or ENGL 1999 + 1030 |
| B. Oral Communication: 3 credits | SPC 200 or SPC 205 | COMM 1500 or COMM 2500 |
| | *Students pursuing Army ROTC may satisfy the oral communication requirement by completing MLS 107 + MLS 108.* | |
| **Ways of Knowing (19 total credits):** *Employing intellectual inquiry.* | | |
| C. Arts & Hum. (Lit.): 3 credits | *Select one course from the following:*<br>ENG 201, ENG 202, ENG 205, ENG 206, ENG 208, ENG 209, or ENG 220 | *Select one course from the following:*<br>ENGL 2140, ENGL 2130, ENGL 2020, or ENGL 2150 |
| D. Arts & Hum. (Non-Lit.): 3 credits | *Select one course from the following:*<br>ART 101, ART 107, HSS 205, MUS 105, PHI 101, PHI 105, or PHI 110 | *Select one course from the following:*<br>ART 2100, AAH 1010, STS 1010, MUSC 2100, PHIL 1010, PHIL 1020, or PHIL 1030 |
| E. Mathematics: 6 – 7 credits | **MAT 120**<br><br>*Select one course from the following:*<br>MAT 103, MAT 130, MAT 140* | STAT 2300<br><br>*Select one course from the following:*<br>MATH 1010, MATH 1020, MATH 1060 |
| | **Students should check professional school's requirements to ensure the class chosen is accepted.* | |
| F. Natural Science w/lab: 7 – 8 credits | **BIO 101** or BIO 113<br>CHM 110 or CHM 106**<br>CHM 111 | BIOL 1030/1050 or BIOL 1100/1101<br>CH 1010/1011 or CH 1050/1051<br>CH 1020/1021 |
| | ***Students should check professional school's requirements to ensure the class chosen is accepted.* | |
| G. Social Sciences: 6 credits | PSY 201<br>SOC 101 | PSYC 2010<br>SOC 2010 |
| **Global Challenges (6 total credits):** *Exploring global, local, regional, national, international, virtual, or philosophical challenges.* | | |
| H. Global Challenges: 3 credits | *Select one course from the following:*<br>BIO 209, GEO 102, HIS 122, PSC 220, or REL 201 | *Select one course from the following:*<br>ENSP 2000 + ENSP 2999, GEOG 1030, HIST 1220, POSC 1020, or REL 2010 |
| | *Students should complete 3 credits during Bridge. At Clemson, an additional 3 credits must be completed at the 3000 level or higher. Courses must be from two different fields unless interdisciplinary; transfer credit does not satisfy the upper-level requirement.* | |

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## **Public Health Science** | Change of Major Process

**Acceptance is not guaranteed:**
Applications are reviewed annually. Bridge to Clemson students are eligible to apply in the fall of their sophomore year, pending successful completion of the Bridge program.

Applicants who do not meet the minimum requirements in the Undergraduate Catalog are NOT considered.

- Bridge students are often disqualified from the application process because they do not meet the minimum requirements.
- Ensure that you have completed sciences and math **for Health Administration Concentration:**
    - MATH 1010 or MATH 1020 or 1060 (MATH 1010 accepted only for Health Promotion & Behavior and Health Services Administration)
    - STAT 2300 or STAT 3090
    - Any Natural Science w/ Lab
    - Note: Science requirements differ for Health Services Administration. Students should follow the Health Services Administration's first-year curriculum, including business courses.

**Students are admitted based on the following criteria:**
Space in the program by cohort (graduation year) and concentration.
Students have the best chance of being accepted if they apply during the first semester of their first year at Clemson so they can plan accordingly for the next three years.

- Fall 2023 application: Avg. GPA 3.8.
    - 102 students applied: 45 accepted.
- Fall 2024 application: Avg. GPA 3.9.
    - 135 students applied, 30 accepted.
- Fall 2025 application: Avg. GPA 3.75
    - 184 students applied, 62 accepted

Applications are considered under the same criteria, with no difference in the concentration you apply. Once students gain admission to the program, they can change concentrations freely.

Applicants are ALWAYS evaluated against other applicants, so the minimum Clemson GPA and space availability are subject to change each year. Students should use this information only as a guide to determine their chances of admission in this process, not a hard and fast minimum for admission to the program.

**GPA:**
Once available space is determined, decisions are based on the Clemson cumulative earned GPA.

- Applicants must earn a Clemson GPA by the time of review to apply. The GPA earned in the system at the end of the Fall semester of sophomore year at Clemson will be used. The advising center will verify GPAs after this date.

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## Health Science Engagement Opportunities

**What co- and/or extracurricular activities should I get involved in at Clemson?**
If you're pursuing a healthcare-related path, Clemson offers a variety of pre-professional organizations and honor societies that can help you build experience, connect with peers, and prepare for graduate programs.
Pre-professional clubs and organizations include:

- Pre-Dental Club
- Pre-Physician Assistant Club
- Pre-Pharmacy Club
- Pre-Physical Therapy & Occupational Therapy Club
- Speech-Language Pathology Association
- Minority Association of Pre-Medical Students
- American Medical Student Association
- American Medical Women's Association
- MedEx

In addition, you can strengthen your academic and professional profile by joining honor societies and fraternities, such as:

- Alpha Epsilon Delta (Pre-Health Honor Society)
- Phi Delta Epsilon (Pre-Medical Fraternity)
- Eta Sigma Gamma (Health Education Honor Society)

These organizations provide opportunities for networking, leadership development, service, and professional growth, all of which are valuable for healthcare careers and graduate school applications.

**Are there any co- and/or extracurricular activities I should get involved in at Tri-County?**
Consider talking with campus partners. TCTC and the Bridge Office have great opportunities related to career services, tutoring, and various clubs. Start some of those conversations early so that you are well informed when you get to Clemson.

**What opportunities should I be looking into, that will look good for my resume?**
Focus on opportunities that build hands-on experience, exposure to healthcare, and leadership skills, such as:

- Direct patient care roles (CNA, EMT/EMS, Medical Assistant)
- Shadowing healthcare professionals
- Research opportunities
- Volunteering in healthcare settings
- Leadership roles in clubs or organizations

These experiences will help you build a strong, competitive resume for healthcare careers and graduate programs.

**Should I prepare for higher education (a Master's or Doctoral degree) in my field?**
Many Health Science students pursue advanced degrees to enter specialized or professional roles. Common options include:

- **Master's degrees** such as:
  - Master of Public Health (MPH)
  - Master of Health Administration (MHA)
  - Master of Business Administration (MBA)
- **Professional health programs**, including:
  - Medical School (MD or DO)
  - Physician Assistant (PA) programs
  - Doctor of Physical Therapy (DPT)
  - Occupational Therapy (Master's or Doctorate)
  - Dental School (DDS)
  - Speech-Language Pathology (SLP)
  - Master of Athletic Training (MSAT)
  - Anesthesiologist Assistant (CAA)
  - Doctor of Chiropractic (DC)
  - Doctor of Pharmacy (PharmD)

The path you choose will depend on your specific interests and career plans, so it's important to explore options early and complete the necessary prerequisites.

**Are there any experiential learning opportunities I can participate in when I get to Clemson?**
Yes—Clemson offers several experiential learning opportunities that provide hands-on experience in healthcare and global settings, including:

- Clinical Applications and Medical Practice (Medical/Dental), which offers early clinical exposure
- CURES (Clinical Undergraduate Research Experience in Surgery) for hands-on research experience
- Global Experience in Health Professions (Oaxaca, Mexico) to explore healthcare in an international setting
- International Health Perspectives and Comparative Systems (Switzerland, France, Spain) to study global healthcare systems

These experiences help you build practical skills, gain exposure to different healthcare environments, and strengthen your preparation for professional or graduate programs.

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