



## Food Science and Human Nutrition Curriculum Worksheet (2024 – 2025)

### Nutrition Concentration

This worksheet outlines the required courses for this major. Students are expected to be familiar with general education and major-specific requirements for their intended major as outlined in the Clemson Undergraduate Catalog. Additionally, students must satisfy any Tri-County prerequisites for the courses below. To complete Bridge program requirements, students must earn 30 credits at Tri-County and a 2.5 GPA during their Bridge year (fall, spring, and optional summer, if needed). Students should consult the backside of this worksheet, the Undergraduate Catalog, and the Bridge Academic Guide for Clemson course equivalencies and alternative courses if students wish to enroll in other courses or if any of the following requirements have been met through dual enrollment or AP/IB credit. Advising worksheets are supplemental planning aids and are for informational purposes only.

### SUGGESTED CORE COURSE SEQUENCE

#### Fall Semester

ENG 101 or ENG 103

BIO 101 or BIO 113<sup>2</sup>

CHM 110<sup>2</sup>

PSY 201

MAT 130 or MAT 140

**Total Hours: 17 – 19**

**Advising Notes:**

#### Spring Semester

BIO 102 or BIO 114<sup>2</sup>

CHM 111<sup>2</sup>

ECO 210 or 211

ENG 102 or Arts & Hum. (Lit.) Req.<sup>1</sup>

SPC 200 or SPC 205

**Total Hours: 17 – 18**

**Advising Notes:**

#### *Additional Course Options*

MAT 120

BIO 240

CHM 211

Arts & Humanities (Non-Lit.) Req.<sup>1</sup>

MGT 101

ACC 101

<sup>1</sup> If ENG 101 + 102 is taken for English Composition requirement, ENG 102 should be taken instead of the Arts & Humanities (Lit.) req.

<sup>2</sup>



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### Nutrition Concentration

Advising worksheets are supplemental planning aids. While every effort is made to ensure accuracy, the student's responsibility is to understand and meet degree requirements in the applicable Undergraduate Catalog. Contact Clemson adviser **Bridgit Corbett** ([bridgic@clemson.edu](mailto:bridgic@clemson.edu)) or Marie Hegler ([carol@clemson.edu](mailto:carol@clemson.edu)) for additional information about this worksheet.

General Education Requirements	Tri-County Courses	Clemson Equivalent Courses
<b>Communication (6 total credits):</b> <i>Developing and expressing ideas.</i>		
A. English Composition: 3 – 6 credits	ENG 103 or ENG 101 + ENG 102	ENGL 1030 or ENGL 1999 + ENGL 1030
B. Oral Communication: 3 credits	SPC 200 or SPC 205	COMM 1500 or COMM 2500
<b>Ways of Knowing (19 total credits):</b> <i>Employing intellectual inquiry.</i>		
C. Arts & Hum. (Lit.): 3 credits	<i>Select one course from the following:</i> ENG 201, ENG 202, ENG 205, ENG 206, ENG 208, ENG 209, or ENG 220	<i>Select one course from the following:</i> ENGL 2140, ENGL 2130, ENGL 2120, or ENGL 2150
D. Arts & Hum. (Non-Lit.): 3 credits	<i>Select one course from the following:</i> ART 101, ART 107, HSS 205, MUS 105, PHI 101, PHI 105, PHI 110, REL 101, REL 201, or THE 101	<i>Select one course from the following:</i> ART 2100, AAH 1010, STS 1010, MUSC 2100, PHIL 1010, PHIL 1020, PHIL 1030, REL 1010, REL 1020, or THEA 1010
E. Mathematics: 4 credits	MAT 130 or MAT 140 MAT 120	MATH 1020 or MATH 1060 STAT 2300
F. Natural Science w/lab: 16 – 18 credits	<b>BIO 101 or BIO 113*</b> <b>BIO 102 or BIO 114*</b> <b>CHM 110* &amp; CHM 111*</b>	BIOL 1030/1050 or BIOL 1100* BIOL 1040/1060 or BIOL 1110* CH 1010* & CH 1020*
<i>*Students are strongly encouraged to complete both Biology and Chemistry sequences in the first year to remain on track for degree completion.</i>		
G. Social Sciences: 3 credits	HIS 201 or PSC 201	HIST 1010 or POSC 1010
If REACH requirement is met through AP/IB/Dual Enrollment no additional Social Science requirements are needed. Degree requirements outlined below meet general education.		
<b>Global Challenges (6 total credits):</b> <i>Exploring global, local, regional, national, international, virtual, or philosophical challenges.</i>		
H. Global Challenges: 6 credits	Will complete at Clemson. Students will take FNPS 2140 plus an additional 3 credit hours, selected from a different field (unless interdisciplinary) at the 3000-level or above.	
Major Specific Requirements	Tri-County Courses	Clemson Equivalent Courses
I. Business Requirements: 9 credits	ACC 101 or 102 ECO 210 or 211 MGT 101	ACCT 2010 or 2020 ECON 2120 or 2110 MGT 2010
J. Psychology: 3 credits	PSY 201	PSYC 2010
K. Additional Course Options	BIO 210 & 211, BIO 240, CH 211	BIOL 2220 & 2230, NUTR 2030, CH 2230/2270
Students in Nutrition Concentration will select from one of four emphasis area by the end of Junior Year. Please consult with Clemson advisor before making selections, not all emphasis areas have transferrable coursework options.		
L. Emphasis Course Options	<i>Basic &amp; Behavioral Emphasis:</i> CH 212, PHY 201, PHY 202, PSY 203, PSY 212, SOC 101	<i>Basic &amp; Behavioral Emphasis:</i> CH 2240/2280, PHYS 2070/2090, PHYS 2080/2100, PSYC 3400, PSYC 3830, SOC 2010
	<i>Community Health &amp; Wellness Emphasis:</i> PSY 203, SOC 101, SOC 205	<i>Community Health &amp; Wellness Emphasis:</i> PSYC 3400, SOC 2010, SOC 2020

Note: Students considering emphasis area coursework should reach out to Clemson advisor for guidance.

Any student with dual enrollment or AP/IB credit for the courses mentioned above should consult the [Clemson Undergraduate Catalog](#) & Bridge Student Academic and Advising Guide for additional coursework that fulfills major and Bridge program requirements.